



APRIL | 2018

Bowling Green Middle & High School Breakfast Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 NO SCHOOL	3 Sausage & Egg Biscuit Juice & Fruit Milk	4 Breakfast Round Juice & Fruit Milk	5 Chef's Choice Juice & Fruit Milk	6 Cereal & Toast Juice & Fruit Milk
9 Breakfast Sliders Juice & Fruit Milk	10 Pancakes & Sausage Juice & Fruit Milk	11 Mini Cinnis Juice & Fruit Milk	12 Breakfast on a Stick Juice & Fruit Milk	13 Cereal & Toast Juice & Fruit Milk
16 Mini Stuffed Bagels Juice & Fruit Milk	17 Mini Cinnis Juice & Fruit Milk	18 Muffin & Yogurt Juice & Fruit Milk	19 Chef's Choice Juice & Fruit Milk	20 Cereal & Toast Juice & Fruit Milk
23 Egg Frittata/ Toast Juice & Fruit Milk	24 Cereal & Toast Juice & Fruit Milk	25 Breakfast Round Juice & Fruit Milk	26 Breakfast Pizza Juice & Fruit Milk	27 Cereal & Toast Juice & Fruit Milk
30 Breakfast Sliders Juice & Fruit Milk				

Helpful Study Tips:

- Get Organized
- Know the Expectations
- Create a Study Area
- Develop a Plan
- Think Positively!
- Create a Study Group with Friends
- Practice Active Listening
- Review Test-Taking Strategies